





“Shepherding Women in Pain”
 Presenter: Dr. Bev Hislop
 Host: Elisa Morgan
 May 15, 2015

How the webinar format works:

- Ask a question – you’ll be anonymous.
- Offer a comment – you have great ideas to share.
- Answer polls – so we all know each other better.
- Format:
 - 30 minutes of presentation and interaction with Elisa and Bev.
 - 20 minutes of Q & A and comments.

- Host: Elisa Morgan (elisamorgan.com)
- Publisher, *FullFill* (fullfill.org)
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BEV HISLOP

shepherding women in pain
real women, real issues, and what you need to know to truly help.

www.shepherdingwomen.com
www.westernseminary.edu/women

Shepherding Women in Pain

I. What the woman in pain wants to know
*How can I stop the pain?
 When will life be normal?
 What does healing look like?
 Where is God in the pain?*




II. What the shepherd needs to know
Understand the issue and shepherding skills

III. What the healing community needs to know
What is authentic soul care?

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I. What the woman in pain wants to know
How can I stop the pain?



Is this the most pressing question?

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When will life be normal again?




All hurt comes from loss. What losses have you incurred?

What are the basic assumptions about life?

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When will life be normal again?


1. Determine what forgiveness is NOT
2. Recognize levels of forgiveness
3. The process of forgiveness



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What the woman in pain wants to know
What does healing look like?

Orientation
Disorientation
Reorientation




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What does healing look like?

Perseverance must finish its work so that you may be **mature and complete, not lacking anything.**

James 1:2-4.





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Where is God in the pain?

I will greatly multiply your sorrow and your conception: ***in pain you shall bring forth children.***


Cursed is the ground because of you; ***through painful toil you will eat of it all the days of your life.***

Gen. 3:16, 17

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Where is God in the pain?




The LORD was grieved that he made mankind on the earth and **his heart was filled with pain.**

Genesis 6:5-6

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Where is God in the pain?


Jesus was "a man of suffering and familiar with **pain**....Surely he took up **our pain and bore our suffering... and by his wounds we are healed.**" Isaiah 53:3,4,5



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Where is God in the pain?

He will wipe every tear from their eyes. There will be no **more** death or mourning or crying or **pain**, for the old order of things is passed away. Rev 21:4



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Genesis 1-2
Order, design & goodness

“Living in the Messy Middle”

Our brokenness – Genesis 3
Man of sorrows acquainted with grief – Isaiah 53


Rev. 21:1-5
Restored order, design & goodness: no more pain!
VICTORY OVER EVIL

H. Norman Wright, Matt Woodley & Julie Woodley, *Surviving the Storms of Life*

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God’s Story

- It is God’s story that gives our story meaning
- Women in pain have the opportunity to contextualize their own story by entering God’s story.



i7

II. What the shepherd needs to know

Depression	Terminal Illness
Infertility	Addictions
Physical Disabilities	Chronic Pain
Aging	Abortion Recovery
Eating Disorders	Incarceration
Homelessness	Suicide
Domestic Abuse	Sexual Abuse
Divorce	Pornography
Spiritual Abuse	Same-Sex Attraction

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II. What the shepherd needs to know

All 18 issues (chapters) include these elements:

- True story
- Understand the issue
- Shepherding insights
- Helpful things to say and do (DO's)
- Hurtful things to avoid (DON'T's)
- Additional Resources
- Related Scriptures
- Author's Bio



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III. What the healing community needs to know

Grace-filled community

- Words of affirmation
- People-orientation environment (not performance)
- Boundaries and expectations are clearly communicated
- People are acceptable and valuable because of God's love and grace toward them
- Family members are responsible and accountable
- Feelings are valid and useful—God-given



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• "Beneath what culture calls psychological disorder is a **soul crying out for what only community can provide.**"



Psychologist Larry Crabb, *Connecting*

• "We need to go further with instruction in **biblical principles and live them out in community.**"

Psychologist Larry Crabb, *Connecting*



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The greatest need in modern civilization is the development of communities—true communities

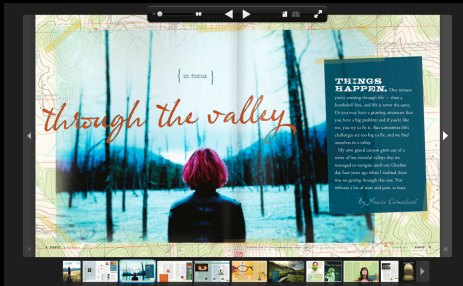
- where the heart of God is home,
- where the humble and wise learn to shepherd those on the path behind them,
- where trusting strugglers lock arms with others as together they journey.

Psychologist Larry Crabb, *Connecting*



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Valleys Issue



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- *A New Kind of Normal*, Carol Kent
- *Abba's Arms, Finding the Acceptance You've Always Wanted*, Sandra D. Wilson
- *When Life and Beliefs Collide*, Carolyn Custis James

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- *Surviving the Storms of Life: Finding Hope and Healing When Life Goes Wrong*, H. Norman Wright, Matt Woodley & Julie Woodley
- *The Grief Recovery Handbook: The Action Program for Moving Beyond Death, Divorce and Other Losses*, John W. James and Russell Friedman

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